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# Renal Handling of Galectin-3 in the General Population, Chronic Heart Failure, and Hemodialysis

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**Background**—Galectin-3 is a biomarker for prognostication and risk stratification of patients with heart failure (HF). It has been suggested that renal function strongly relates to galectin-3 levels. We aimed to describe galectin-3 renal handling in HF.

**Methods and Results**—In Sprague–Dawley rats, we infused galectin-3 and studied distribution and renal clearance. Furthermore, galectin-3 was measured in urine and plasma of healthy controls, HF patients and hemodialysis patients. To mimic the human situation, we measured galectin-3 before and after the artificial kidney. Infusion in rats resulted in a clear increase in plasma and urine galectin-3. Plasma galectin-3 in HF patients ( $n=101$ ; mean age 64 years; 93% male) was significantly higher compared to control subjects ( $n=20$ ; mean age 58 years; 75% male) (16.6 ng/mL versus 9.7 ng/mL,  $P<0.001$ ), while urinary galectin-3 in HF patients was comparable (28.1 ng/mL versus 35.1 ng/mL,  $P=0.830$ ). The calculated galectin-3 excretion rate was lower in HF patient (2.3 mL/min [1.5 to 3.4] versus 3.9 mL/min [2.3 to 6.4] in control subjects;  $P=0.005$ ). This corresponded with a significantly lower fractional excretion of galectin-3 in HF patients (2.4% [1.7 to 3.7] versus 3.0% [1.9 to 5.5];  $P=0.018$ ). These differences, however, were no longer significant after correction for age, gender, diabetes, and smoking. HF patients who received diuretics (49%) showed significantly higher aldosterone and galectin-3 levels. Hemodialysis patients ( $n=105$ ; mean age 63 years; 65% male), without urinary galectin-3 excretion, had strongly increased median plasma galectin-3 levels (70.6 ng/mL).

**Conclusions**—In this small cross-sectional study, we report that urine levels of galectin-3 are not increased in HF patients, despite substantially increased plasma galectin-3 levels. The impaired renal handling of galectin-3 in patients with HF may explain the described relation between renal function and galectin-3 and may account for the elevated plasma galectin-3 in HF. (*J Am Heart Assoc.* 2014;3:e000962 doi: 10.1161/JAHA.114.000962)

**Key Words:** heart failure • kidney • remodeling

Galectin-3 is a galactosidase-binding lectin that is able to bind complex carbohydrates.<sup>1–3</sup> In the heart, galectin-3 is secreted by activated macrophages and binds several matricellular proteins such as laminin, fibronectin, and collagens. When ligand-bound, galectin-3 forms interstitial conjugates, which are thought to contribute to myocardial stiffness and cardiac dysfunction.<sup>4,5</sup> Galectin-3 is an emerging

biomarker for prognostication and risk stratification of patients with acute and chronic heart failure (HF).<sup>4,6,7</sup> The most recent American College of Cardiology/American Heart Association guidelines provided a level IIB recommendation for the use of galectin-3 in risk stratification.<sup>8</sup> In experimental models of HF, myocardial transcription and translation of galectin-3 has been reported,<sup>9,10</sup> and it is assumed that increased circulating levels of galectin-3 in HF may be explained by excess cardiac production. In human subjects, galectin-3 can be measured in plasma using an established ELISA.<sup>11</sup> Circulating levels of galectin-3 are in the 10 to 13 ng/mL range in the general population,<sup>11–13</sup> but are substantially increased in HF,<sup>14–17</sup> rising to 15 to 30 ng/mL, depending on the severity of HF and the presence of comorbidities, specifically kidney disease, as galectin-3 levels in HF have a strong relation with renal function.<sup>16,18</sup> Both in the general population<sup>12</sup> and in patients with HF,<sup>16,18,19</sup> decreased renal function is among the strongest correlates of increased circulating galectin-3. It has also been observed that galectin-3 levels precede the development of chronic

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Accompanying Tables S1 through S7 are available at <http://jaha.ahajournals.org/content/3/5/e000962/suppl/DC1>

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kidney disease.<sup>20</sup> Thus, renal function is an important factor to take into account in the interpretation of a given value of galectin-3. Renal handling of galectin-3 may be altered in patients with HF, a phenomenon that has been described for other biomarkers such as N-terminal-pro brain natriuretic peptide (NT-proBNP) and neutrophil gelatinase-associated lipocalin.<sup>21,22</sup> We hypothesized that renal handling of galectin-3 would be different in HF compared to healthy subjects. We studied this in a rat model, and by measuring plasma and urinary galectin-3 in a well-characterized cohort of 101 chronic HF patients, comparing them to 20 control subjects and 105 hemodialysis (HD) patients.

## Methods

### Experimental Studies of Galectin-3 Clearance

#### Recombinant galectin-3 production

Human recombinant galectin-3 was produced by *Escherichia coli* (BL21[DE3] RIL) containing a specific plasmid (pet28<sub>b</sub>) encoding human full-length galectin-3. Recombinant galectin-3 was collected and purified via binding to  $\alpha$ -lactose-agarose beads (Sigma-Aldrich). The purity of the obtained protein was studied by SDS-PAGE followed by Coomassie blue staining and Western blot to exclude any contamination or protein degradation. We removed endotoxins via a column method (ActiClean Etox; Sterogene bioseparations, USA); in our experiments, the endotoxin levels were kept below 10 EU/mg. Quality control–endotoxin contamination was routinely checked by LAL assay (Lonza).

#### Animal studies

Animals were housed under standard conditions. All animal studies were approved by the Animal Ethical Committee of the University of Groningen, The Netherlands, and conducted in accordance with existing European Commission guidelines for the care and use of laboratory animals (reference number 6474).

First, we conducted an acute experiment, where we intravenously injected either a bolus of human recombinant galectin-3 or saline in Sprague–Dawley rats (n=3/group). After infusion, we sampled blood at different time points over a period of 24 hours. Blood samples were centrifuged for 10 minutes at 2000g within 1 hour after collection, and plasma was obtained to measure levels of galectin-3. The results were used to calculate the clearance and the volume of distribution of galectin-3 in rats by Iterative Bayesian 2-Stage analysis using the program MultiFit (written by J.H. Proost).<sup>23</sup> These calculations were performed to estimate the continuous infusion rate of galectin-3 resulting in a steady-state plasma level of 25 ng/mL during long-term infusion.

Lastly, we conducted a long-term experiment of galectin-3 infusion to assess the effects of chronic galectin-3 clearance in healthy animals. An osmotic minipump (Alzet, Cupertino CA, type 2ML4) filled with either recombinant galectin-3 or saline was implanted intraperitoneally in Sprague–Dawley rats. After 4 days, we sampled blood and started to collect 24-hour urine. The plasma and urine galectin-3 concentrations were measured on both samples (control n=3; galectin-3 infusion n=3). Inhalation of isoflurane 2% was used for all of the anesthesia throughout the study.

### Patient Populations

We analyzed baseline plasma and urine samples from 3 cohorts: (1) 101 stable chronic HF patients; (2) 105 stable patients with end-stage renal disease who were on HD; and (3) 20 control subjects. The HF patient cohort has been described in detail previously (Clinical trial identifier NC T01092130).<sup>24</sup> In brief, 101 HF patients  $\geq 18$  years of age and a left ventricular ejection fraction  $< 45\%$  were included, who received optimal HF medication (including angiotensin-converting enzyme inhibitor [ACEi] or angiotensin receptor blocker,  $\beta$ -blocker, and mineralocorticoid-receptor antagonist, when indicated), and randomized to vitamin D (2000 IU daily) or control for 6 weeks. The HD patient cohort has also been described in detail elsewhere.<sup>25</sup> These patients received HD for at least 3 months on a 3-time-per-week schedule and had a left ventricular ejection fraction of 50% ( $\pm 10$ ). Additionally, 20 healthy subjects were randomly selected from a large population cohort<sup>12</sup> and served as controls. Healthy was defined as the absence of the self-reported cardiovascular disease or cancer, and currently not being prescribed medication.

These studies and the current analyses have been performed to conform with the Declaration of Helsinki; all 3 study protocols were reviewed and approved by the local Institutional Review Board, and all study subjects provided written informed consent.

### Biochemical Measurements

Hematology, chemistry, and urinalysis were performed by routine clinical chemistry on the day of the visit. Blood of the HD patients was drawn prior to hemodialysis after a period of 2 days prior to HD treatment. Plasma and urine galectin-3 levels were determined by an ELISA developed by BG Medicine (Galectin-3 assay™, BG Medicine, Inc., Waltham, USA). This assay is US Food and Drug Administration approved, and has a high sensitivity (lower limit of detection 1.13 ng/mL) and has no cross-reactivity with collagens or other members of the galectin family. Calibration of the assay was performed according to the manufacturer's

recommendation and values were normalized to a standard curve.<sup>11</sup> Commonly used medication such as ACEi,  $\beta$ -blockers, aldosterone antagonist, diuretics, acetylsalicylic acid, warfarin, coumarines, and digoxin have no interference with the assay. Two standard controls were included in all plasma runs: a lower control (expected value 13.0 to 23.1 ng/mL) and an upper control (expected value 48.9 to 81.5 ng/mL). The average lower control values were  $21.9 \pm 0.65$  ng/mL, and the average upper control values were  $71.3 \pm 1.33$  ng/mL. We observed in our plasma control samples an intravariability in coefficient of variation of 6.3% and an intervariability in coefficient of variation of 2.4%. Plasma aldosterone concentration was measured using an ELISA kit (Alpco, Salem, NH) and the results are reported in pg/mL. The lower detection limit was 10 pg/mL. Intra-assay precision has been reported as 6.6% and interassay precision has been reported as 9.6%.<sup>26</sup>

### Renal Galectin-3 Parameters

Twenty-four-hour urine was collected from all HF patients and control subjects. We calculated creatinine clearance (expressed as mL/min) using the formula:  $((U_{\text{creat}} \times V_{\text{urine}}) / P_{\text{creat}})$ , where  $U_{\text{creat}}$  stands for urine creatinine concentration,  $V_{\text{urine}}$  for 24-hour urinary volume, and  $P_{\text{creat}}$  for plasma creatinine concentration. This value is used as the glomerular filtration rate (GFR). We also calculated estimated GFR with the simplified modification of diet in renal disease formula and the chronic kidney disease-epidemiology formula,<sup>27</sup> to assess whether the use of different formulae would alter the study results. Creatinine clearance of HD patients was by definition 0 mL/min, because these patients were anuric. We expressed urine galectin-3 concentrations as per gram urinary creatinine to account for differences in concentration due to urine dilution or concentration.

Various calculation methods to assess different stages in the filtration process of the kidney were used. These methods have previously been used by our department regarding NT-proBNP.<sup>21</sup> The theoretical amount of freely filtered galectin-3 by the glomerulus to the tubules was calculated by:  $\text{GFR} \times P_{\text{galectin-3}}$  (=filtered load, expressed as  $\mu\text{g}/24$  hours). The actual urinary galectin-3 excretion was calculated as:  $U_{\text{galectin-3}} \times V_{\text{urine}}$  (expressed as  $\mu\text{g}/24$  hours). The renal clearance of galectin-3 was calculated as:  $((U_{\text{galectin-3}} \times V_{\text{urine}}) / P_{\text{galectin-3}})$  (expressed as mL/min). To examine the proportion of the filtered load that was excreted, we calculated the fractional galectin-3 clearance:  $(\text{renal clearance of galectin-3} / \text{GFR}) \times 100\%$ .

Since it has been reported that aldosterone is closely linked with galectin-3,<sup>28</sup> and aldosterone antagonists play a central role in treatment of HF,<sup>29</sup> we evaluated whether plasma aldosterone modulates the renal handling of galectin-3 in HF.

### Galectin-3 Levels Before and After the Dialyzer

To provide further clarification of the percentage of galectin-3 filtered by the kidney, we conducted an experiment using bicarbonate hemodialysis with a low-flux polysulfone hollow-fiber dialyzer (F8; Fresenius Medical Care) during a standard HD session after a 2-day break of HD treatment. Two different samples were taken from 16 HD patients after 30 minutes of hemodialysis: (1) unfiltered blood flowing towards the artificial kidney; and (2) filtered blood immediately after the artificial kidney, in which galectin-3 and creatinine concentrations were measured.

### Statistical Analyses

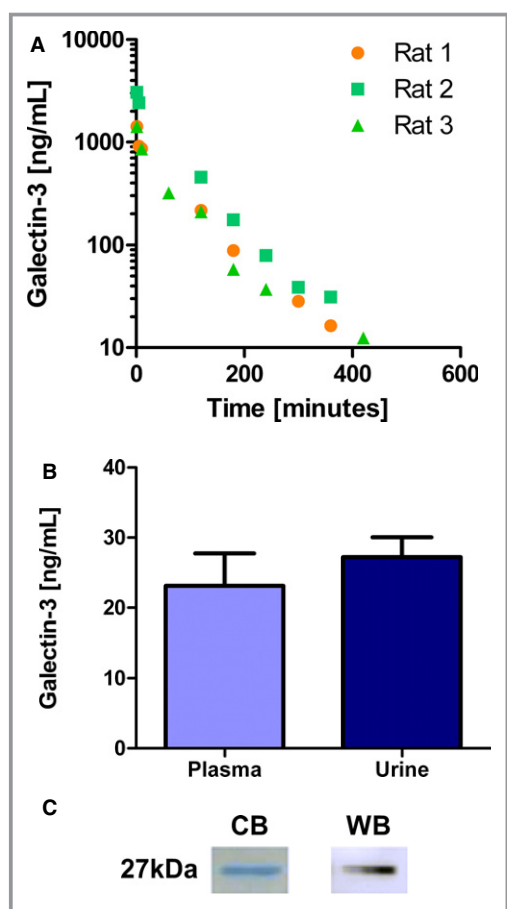
Continuous variables with a normal distribution are expressed as means  $\pm$  SEM. Nominal variables are expressed as n (%). Variables that are not normally distributed are expressed as medians with interquartile ranges. Galectin-3 levels were correlated with other variables using Spearman's rank correlation coefficient. Data with a normal distribution were compared with Student *t* tests, while data with skewed distribution were compared by means of the Mann-Whitney *U* tests, and categorical clinical variables were compared with the Fisher exact test. One-way ANOVA was performed to analyze differences for multiple-group comparisons, followed by Bonferroni post hoc analysis. Analysis on repeated measurements was performed using the Student paired 2-tailed *t* test. All reported *P* values are 2-tailed, and values of  $P < 0.05$  were considered statistically significant. Analyses were performed with Statistical Package for Social Sciences software (SPSS version 20.0.0.1 for Windows, SPSS Inc, Chicago, IL). The authors had full access to and take full responsibility for the integrity of the data.

## Results

### Galectin-3 Clearance Experiment

We first ascertained that the US Food and Drug Administration-approved ELISA detected human recombinant galectin-3, whereas it should not detect endogenous rat galectin-3, thus allowing reliable detection of the infused recombinant human galectin-3 in rats. The course of plasma galectin-3 concentration in rats over a period of 24 hours after an intravenous bolus infusion of human recombinant galectin-3 is displayed in Figure 1A. We did not detect any human recombinant galectin-3 in the plasma of saline-infused rats. On the basis of these results, we determined that galectin-3 plasma clearance is 0.92 mL/min with a volume of distribution of 90 mL. We then conducted an experiment in which we infused human recombinant galectin-3 continuously for the duration of





**Figure 1.** Experimental data. A, Displays the galectin-3 concentration over time after a single bolus IV injection (3 rats/group; saline-infused rats are not displayed because they did not show any recombinant-human-galectin-3). B, Displays the plasma and urine galectin-3 level of rats having received a continuous infusion of galectin-3 via an osmotic minipump (n=3); not significant. C, Staining of recombinant human galectin-3. CB indicates Coomassie blue staining; WB, Western blot.

4 days. After 4 days, steady-state galectin-3 levels were 23.1 ( $\pm 4.9$ ) ng/mL. The mean concentration of galectin-3 measured in 24-hour urine was 27.2 ( $\pm 8.1$ ) ng/mL (Figure 1B). From these experiments, we conclude that galectin-3 can be cleared by the kidney, albeit incompletely. We controlled for purity with Coomassie blue staining and Western blot staining regarding the infused recombinant human galectin-3 (Figure 1C).

## Patient Populations

Baseline characteristics of the HF patients, HD patients, and control subjects are presented in Table 1. The healthy controls differed substantially and significantly from HF and HD patients, with respect to coefficient of variation risk factors such as

smoking and diabetes, the use of medication, and biochemical variables. Overall, the mean age of all study participants was between 55 and 75 years and 60% were male. The HF patients were mostly categorized in New York Heart Association class II (90%) and had a mean left ventricular ejection fraction of 35% ( $\pm 8$ ). All HF patients received background therapy according to the current European Society of Cardiology guidelines: ACE-i/angiotensin receptor blocker: n=101 (100%),  $\beta$ -blockers: n=98 (97%), mineralocorticoid-receptor antagonists: n=29 (29%), and diuretics (mostly furosemide): n=49 (49%). The HD patients received ACEi/angiotensin receptor blocker (n=10, 9.5%) and  $\beta$ -blockers (n=60, 57%). By protocol, the control subjects received no medication. GFR was significantly lower in HF patients compared to controls (96 versus 124 mL/min;  $P=0.002$ ).

## Renal Handling

Plasma galectin-3 in HF patients was significantly higher compared to control subjects (16.6 ng/mL [14.5 to 19.3] versus 9.7 ng/mL [8.9 to 12.4], respectively,  $P<0.001$ ). In contrast, the median urine galectin-3 levels in HF patients were similar to controls (28.1 ng/mL [19.7 to 49.5] in controls versus 35.1 ng/mL [21.2 to 50.3] in HF,  $P=0.830$ ). After correction for urinary creatinine, the difference in urine galectin-3 remained nonsignificant ( $P=0.983$ , Figure 2). As a consequence, the calculated renal galectin-3 clearance was higher in control subjects compared to HF patients (3.9 mL/min [2.3 to 6.4] versus 2.3 mL/min [1.5 to 3.4],  $P=0.005$ ). We observed that creatinine clearance was inversely correlated with plasma galectin-3 levels in all subjects combined ( $r=-0.315$ ,  $P=0.001$ ). Fractional galectin-3 clearance was significantly lower in HF patients compared to the control subjects (2.4% [1.7 to 3.7] versus 3.0% [1.9 to 5.5],  $P=0.018$ ) (Figure 3A and 3B) (Table 2). The same results were observed when calculations were made with the simplified modification of diet in renal disease and the chronic kidney disease-epidemiology formulas (not shown).

To address the issue of potential confounding, we conducted further analyses. We analyzed the differences between HF patients and controls by stepwise correcting for age, diabetes, smoking status, and gender. We observed that correction for these individual factors appears to attenuate the numerical and statistical differences between HF patients and controls; however, in all subanalyses we always observed that in HF patients, plasma galectin-3 is elevated, while urinary galectin-3 is not, resulting in decreased galectin-3 clearance (Tables S1 through S7). A final analysis in which we corrected for age, gender, diabetes, and smoking resulted in a comparison between 26 HF patients versus 15 healthy controls, shown in Table 3. In this subset of HF patients and controls, plasma

**Table 1.** Baseline Characteristics of the Study Patients

Variables	HF Patients (n=101)	Hemodialysis Patients (n=105)	Control Subjects (n=20)	P Value
Age, y (mean, SD)	64±10	63±16	58±4	0.17
Male, n (%)	93 (93)	68 (65)	15 (75)	0.039
NYHA class, II/III	89/11	NA	NA	N/A
Diabetes mellitus, n (%)	14 (14)	23 (22)	0	<0.001
Current smoking, n (%)	22 (22)	NA	0	<0.001
LVEF, % (mean, SD)	35±8	50±10	NA	<0.001
Systolic blood pressure, mm Hg (mean, SD)	118±18	141±25	119±11	<0.001
Diastolic blood pressure, mm Hg (mean, SD)	72±12	81±18	71±8	<0.001
Serum creatinine, μmol/L (mean, SD)	90±18	NA	78±13	0.005
Creatinine clearance, mL/min (mean, SD)	96±16	0	124±11	<0.001
Plasma NGAL, ng/mL (mean, SD)	93±74	NA	43±40	0.004
Hematocrit, % (mean, SD)	43±4	35±4	41±4	<0.001
<b>Medication</b>				
ACEi/ARB, n (% use)	101 (100)	10 (10)	0	<0.001
β-Blocker, n (% use)	98 (97)	60 (57)	0	<0.001
Loop diuretic, n (% use)	49 (49)	0	0	<0.001
Mineralocorticoid receptor antagonist, n (% use)	29 (29)	NA	0	<0.001

ACEi indicates angiotensin-converting enzyme inhibitor; ARB, angiotensin II receptor blocker; HF, heart failure; LVEF, left ventricular ejection fraction; n, number of subjects; NGAL, neutrophil gelatinase-associated lipocalin; NA, not available; N/A, not applicable; NYHA, New York Heart Association.

galectin-3 remained elevated in HF patients, and urinary galectin-3 was comparable between HF patients and controls, while the difference in galectin-3 clearance and

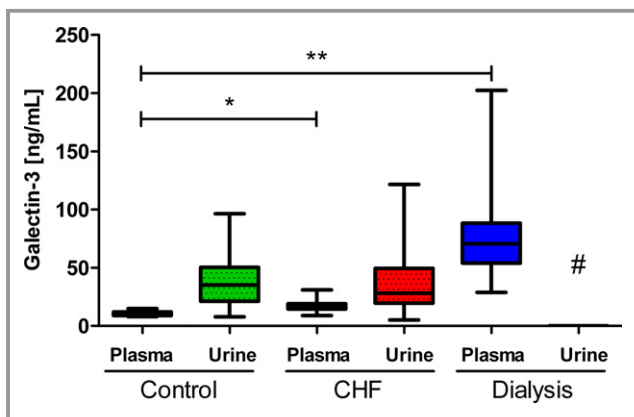
fractional galectin-3 excretion was no longer significant between HF patients and controls.

All biochemical analyses were repeated 6 weeks after baseline assessment to confirm a steady state of galectin-3 handling, and we further examined whether renal clearance could be based upon stratification of GFR. These results are presented in Figures 4 and 5. We observed a moderate correlation between plasma aldosterone and plasma galectin-3 levels in HF patients ( $r=0.360$ ,  $P<0.001$ ). Furthermore, increased plasma aldosterone showed a significant association with lower urinary galectin-3 excretion ( $P=0.028$ ;  $r=-0.311$ ). Additionally, HF patients who received diuretics (49%) had significantly higher plasma aldosterone levels and plasma galectin-3 levels; 44% of the patients on diuretics showed both aldosterone and galectin-3 levels above median (Figure 6).

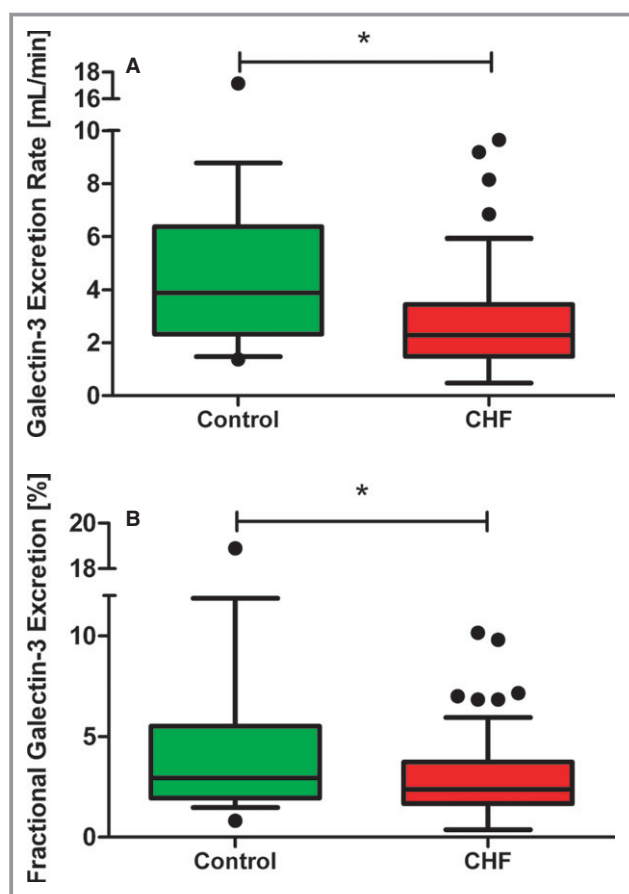
In HD patients, who by definition have no galectin-3 clearance via the urine, we observed elevated plasma galectin-3 levels before HD (median 70.6 ng/mL [54.0 to 88.3]) compared to plasma galectin-3 levels of HF patients and healthy subjects (16.6 and 9.7 ng/mL, respectively).

### Galectin-3 Filtration in HD Patients

To study whether galectin-3 could potentially be filtered by human glomeruli, we measured galectin-3 before and after a



**Figure 2.** Plasma and urine galectin-3 concentrations in 3 different cohorts. Overview of the plasma and urine galectin-3 concentrations in the 3 cohorts (control [n=20], CHF [n=101], and hemodialysis [n=105]). Data are displayed as medians with IQR. Statistical test: Mann–Whitney *U* test. \* $P<0.05$  control galectin-3 plasma compared to CHF galectin-3 plasma. \*\* $P<0.05$  control galectin-3 plasma compared to dialysis galectin-3 plasma. #Hemodialysis patients were not obtained so no values could be measured. CHF indicates chronic heart failure; IQR, interquartile ranges.



**Figure 3.** Renal handling of galectin-3. A, Shows the galectin-3 excretion rate difference between control subjects and heart failure patients. B, Displays the difference in the proportion of actually excreted galectin-3 in percentage between control subjects and heart failure patients. \* $P < 0.05$  control subjects compared to heart failure patients ( $n = 20$  vs  $n = 101$ ). Data are displayed as medians with IQR. Statistical test: Mann–Whitney  $U$  test. CHF indicates chronic heart failure; IQR, interquartile ranges.

dialyzer. The median galectin-3 concentration of blood before the artificial kidney was  $49.7 \text{ ng/mL}$  [33.2 to 60.4], while after the dialyzer this was  $34.3$  [27.6 to 47.3] (–26%);

$P < 0.001$ . To normalize our results, and obtain a reference, we also measured creatinine in samples before ( $719 \pm 263 \text{ } \mu\text{mol/L}$ ) and after the dialyzer ( $160 \pm 68 \text{ } \mu\text{mol/L}$  (–449%). We conclude that galectin-3 can be filtered by the dialyzer, albeit at a lesser rate than creatinine (Figure 7).

## Discussion

This study is the first to describe that galectin-3 can be measured in the urine of HF patients, and provides novel insights in renal handling of galectin-3 in healthy and diseased human subjects. Renal handling of galectin-3 appears to be altered in HF, as plasma galectin-3 is clearly elevated, while urinary levels are comparable to control subjects. As a consequence, we demonstrate that fractional galectin-3 clearance is reduced in HF. HD patients, with no residual clearance, showed strongly elevated plasma galectin-3 levels. Although we clearly have to consider that differences between the HF and HD patients and the controls may have confounded our findings, these data shed new light on the reported relation between renal function and plasma galectin-3, and the altered renal handling of galectin-3 could explain, at least in part, why galectin-3 accumulates in HF patients with concomitant renal disease.

Galectin-3 is a relatively new biomarker that may be used for risk stratification in HF. However, several studies reported that the predictive value of galectin-3 might be mitigated when renal function is taken into account. Gopal et al. analyzed the relation between estimated GFR and galectin-3 in control subjects and HF patients, both with preserved and reduced ejection fraction, and showed that in HF patients, levels of galectin-3 have a strong correlation with renal function.<sup>18</sup> However, these studies were descriptive only, and it remains unclear whether galectin-3 elevations are a consequence of renal function decline, or that rather the elevated levels of galectin-3 themselves lead to further loss of kidney function (and dysfunction of other organs, such as the

**Table 2.** Parameters of Plasma and Urine Galectin-3

Variables	HF Patients ( $n = 101$ )	Control Subjects ( $n = 20$ )	$P$ Value
Plasma galectin-3, ng/mL	16.6 (14.5 to 19.3)	9.7 (8.9 to 12.4)	<0.001
Urinary galectin-3, ng/mL	28.1 (19.7 to 49.5)	35.1 (21.2 to 50.3)	0.830
Urinary galectin-3, $\mu\text{g/g Cr}$	38.3 (27.9 to 65.5)	29.7 (19.3 to 79.1)	0.983
Urinary galectin-3, $\mu\text{g/24 h}$	51.4 (34.3 to 78.1)	47.5 (31.6 to 109.0)	0.958
Theoretical filtered load, $\mu\text{g/24 h}$	1543 (1228 to 1909)	1297 (839 to 1580)	0.016
Galectin-3 clearance, mL/min	2.3 (1.5 to 3.4)	3.9 (2.3 to 6.4)	0.005
Fractional galectin-3 excretion, %	2.4 (1.7 to 3.7)	3.0 (1.9 to 5.5)	0.018

Median values with (25th to 75th percentile). Cr indicates urinary creatinine.

**Table 3.** Parameters of Plasma and Urine Galectin-3 After Correction for Potential Confounders

Variables	HF Patients (n=26)	Control Subjects (n=15)	P Value
Age, y (mean, SD)	58±4	57±4	0.462
Gender male, n (%)	26 (100)	15 (100)	N/A
Diabetes, n (%)	0 (0)	0 (0)	N/A
Smoking, n (%)	0 (0)	0 (0)	N/A
Plasma galectin-3, ng/mL	15.1 (13.6 to 18.0)	9.7 (8.7 to 12.1)	<0.001
Urinary galectin-3, ng/mL	28.0 (21.5 to 44.6)	39.7 (22.5 to 52.3)	0.376
Urinary galectin-3, µg/g Cr	34.4 (25.9 to 53.9)	53.3 (23.6 to 81.6)	0.347
Urinary galectin-3, µg/24 h	53.0 (31.7 to 90.5)	65.6 (37.4 to 115.9)	0.392
Theoretical filtered load, µg/24 h	1609 (1325 to 1915)	1164 (750 to 1529)	0.001
Galectin-3 clearance, mL/min	2.4 (1.4 to 3.9)	2.8 (2.0 to 5.7)	0.142
Fractional galectin-3 excretion, %	2.2 (1.6 to 3.2)	2.6 (1.0 to 4.8)	0.900

Median values with (25th to 75th percentile). Cr indicates urinary creatinine; HF, heart failure; N/A, not applicable.

heart). The latter hypothesis is supported by observations in the general population. de Boer et al. reported that plasma galectin-3 bears a close relation with several parameters of renal function, such as serum creatinine, estimated GFR, and cystatin-C.<sup>12</sup> In the Framingham Heart Study, galectin-3 was shown to predict new-onset HF, and a recent article from the same group reported that elevated plasma galectin-3 preceded the development of renal disease.<sup>20</sup> From this, it has been suggested that galectin-3 is not merely a marker of disease, but rather may contribute to the development and progression of heart and renal disease.<sup>4,12,13,20</sup> Experimental studies provided evidence that high levels of galectin-3 have detrimental effects on the kidneys (fibrosis and inflammation),<sup>30</sup> and this also applies to the heart (fibrosis, cardiac dysfunction),<sup>10</sup> the liver (fibrosis),<sup>31</sup> and the lungs (fibrosis).<sup>32</sup> Therefore, it is important to understand how galectin-3 is regulated and handled, because sustained elevations may not just be a marker for outcome, but may perpetuate disease progression.

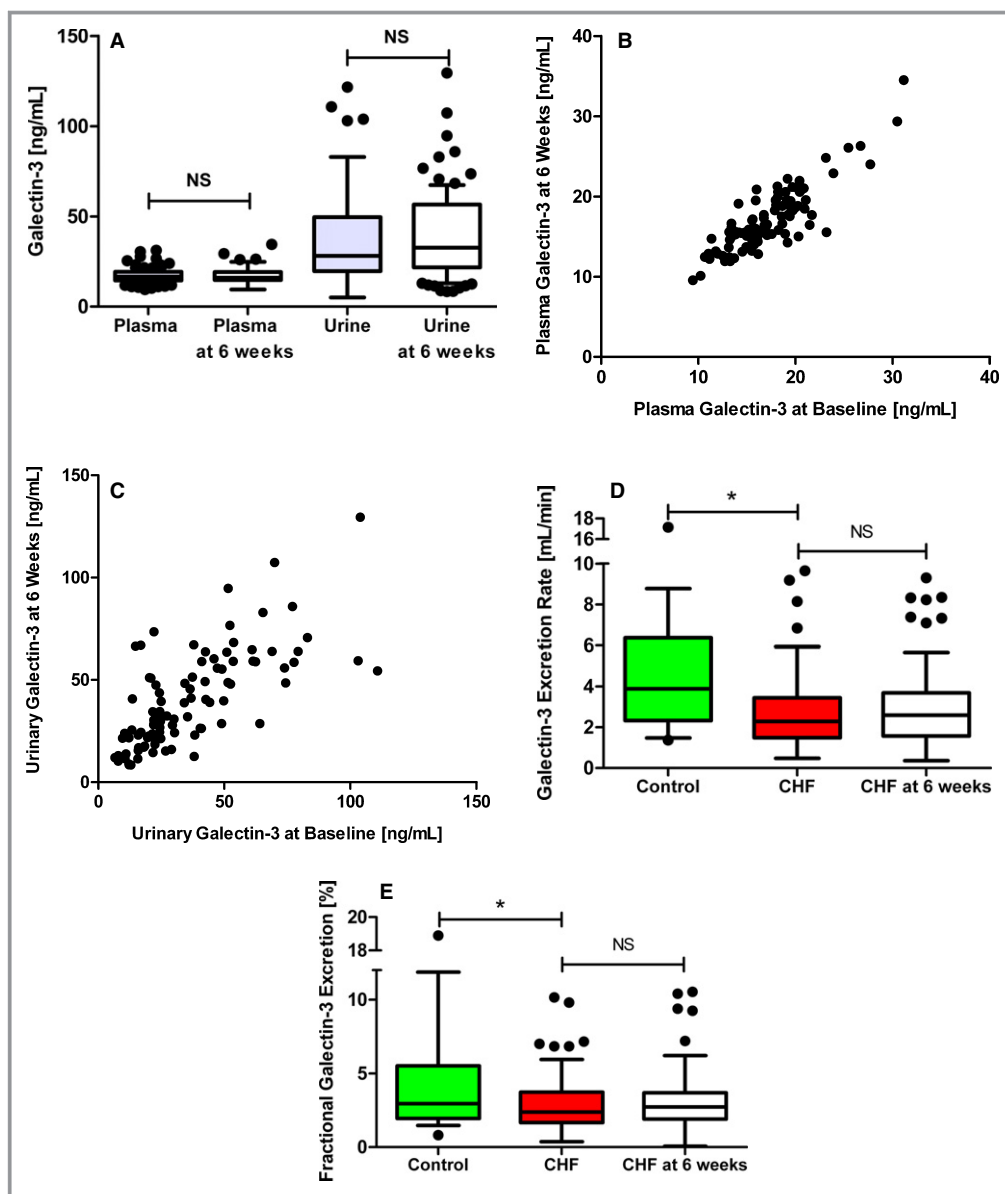
Renal dysfunction is very common in HF, and this is accompanied by renal structural and functional changes that have proven impact on the HF progression and prognosis.<sup>33</sup> Our data suggest that renal function also affects galectin-3 handling in patients with HF. We speculate that reduced renal clearance of galectin-3 may lead to accumulation of plasma galectin-3 levels. The precise details of renal handling are difficult to study in human subjects. Due to the molecular size of the galectin-3 molecule—around 27 kDa—it is questionable whether galectin-3 is easily filtered by the glomeruli, but this could be facilitated by accurate folding of the protein before filtration. We have conducted several experiments to study this. First, we infused human recombinant galectin-3 in rats, and were able, once a steady state developed after several days, to measure galectin-3

release in the urine. Second, we measured galectin-3 in samples before and after HD, assuming that the dialyzer has specifications with regard to galectin-3 that resemble the physiological situation. We show that galectin-3 seemed to be filtered, however, far less than creatinine. However, given the relatively high circulating levels—galectin-3 is about a 1000-fold more abundant than BNP—we would have expected higher urinary levels of galectin-3 if the protein would have been freely filtered. We hypothesize that other mechanisms must play a role. It may be that circulating galectin-3 is bound to polysaccharides, which augments the size of the complexes and thus further decreases free filtering. However, ancillary renal mechanisms likely play a role also (for instance, reabsorption, tubular degradation, or active tubular handling). We could speculate that renal injury occurring in HF may attenuate adequate tubular reabsorption. However, calculated from the theoretical filtered load, we would have expected more galectin-3 to be present in urine. To further elucidate this, further detailed mechanistic studies will be required.

In general, urinary excretion and renal handling of commonly used biomarkers in HF is an important topic of interest. For instance, plasma and urinary NT-proBNP have been measured before in control subjects, and a chronic HF cohort and a decreased urinary concentration of NT-proBNP was reported in chronic HF patients. The reduced urinary NT-proBNP excretion was not related to concomitant impairment of GFR, but was associated with impaired renal perfusion. It was speculated that the reduced excretion could be related to altered tubular handling.<sup>21</sup>

To provide further insights of correlates of urinary excretion of galectin-3 in HF, we studied and identified an interesting observation between galectin-3, plasma aldosterone, and the use of diuretics. A close relationship between

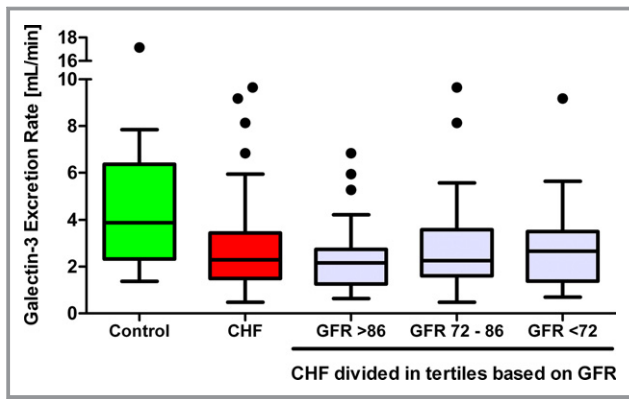




**Figure 4.** Repeated analysis in samples from the same patients 6 weeks after baseline assessment. A, Plasma and urinary galectin-3 at baseline and at 6 weeks. B, Scatterplot of plasma galectin-3 levels at baseline and at 6 weeks. C, Scatterplot of urinary galectin-3 levels at baseline and at 6 weeks. D, Galectin-3 excretion rate in controls and chronic heart failure patients at baseline and 6 weeks. E, Fractional galectin-3 excretion in controls and chronic heart failure patients at baseline and 6 weeks. \* $P < 0.05$ . NS, non-significant.

aldosterone and galectin-3 has been suggested in experimental studies.<sup>28</sup> Chronic use of diuretics is accompanied by reciprocal activation of the renin-angiotensin-aldosterone system, and this leads to elevated circulating levels of aldosterone.<sup>34</sup> However, chronic use of diuretics has been linked to progressive glomerulosclerosis and may not always be of benefit to the patient.<sup>35</sup> Clearly, we cannot exclude that the associations between the use of diuretics, elevated aldosterone, and elevated galectin-3 levels may be confounded by severity of disease in this post-hoc analysis.

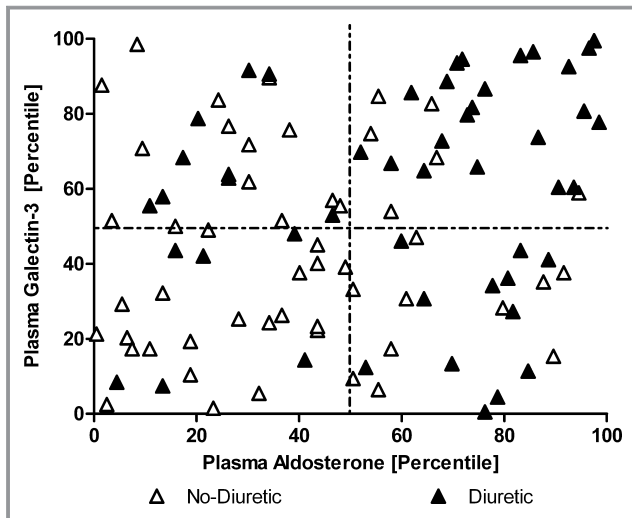
It has however been shown before, that chronic use of diuretics is associated with increases in aldosterone levels. From our data, we hypothesize that this may be associated with persistent elevations of galectin-3 as well. Elevated galectin-3 has been linked to HF development and progression, but also to development of renal disease. We herein provide evidence that renal clearance of galectin-3 is impaired in HF. We captured the potential interactions between galectin-3, aldosterone, and cardiorenal disease in a hypothetical scheme (Figure 8).



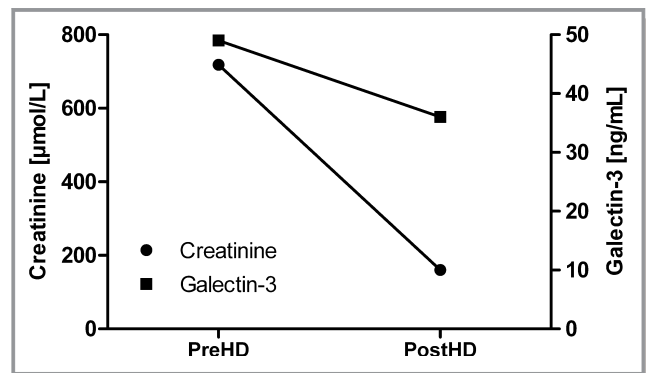
**Figure 5.** Galectin-3 excretion rate in control and CHF patients stratified by GFR. Excretion rate of galectin-3 in control subjects and CHF patients. Stratification of the CHF patients was based upon GFR. CHF indicates chronic heart failure; GFR, glomerular filtration rate.

## Strengths and Limitations

This is a relatively small study, and we could not extensively model the statistical correlations of urine galectin-3. Furthermore, the absolute levels of urine galectin-3 cannot be compared to other data. We are aware of 1 other report in prostate cancer patients where urinary galectin-3 levels were measured. Unfortunately, a different ELISA was used in this study.<sup>36</sup> It is, however, the first study that evaluated plasma and urine galectin-3 in the same patient cohorts. We studied



**Figure 6.** Distribution of plasma aldosterone and galectin-3 and further stratified by diuretic and nondiuretic users. Displays the distribution of the heart failure patients based upon plasma galectin-3 level (percentile) and plasma aldosterone level (percentile). The cohort is divided based upon the use of diuretics. As shown in the upper right quadrant, 45% of the patients on diuretics are present and only 8% of the patients without diuretics.

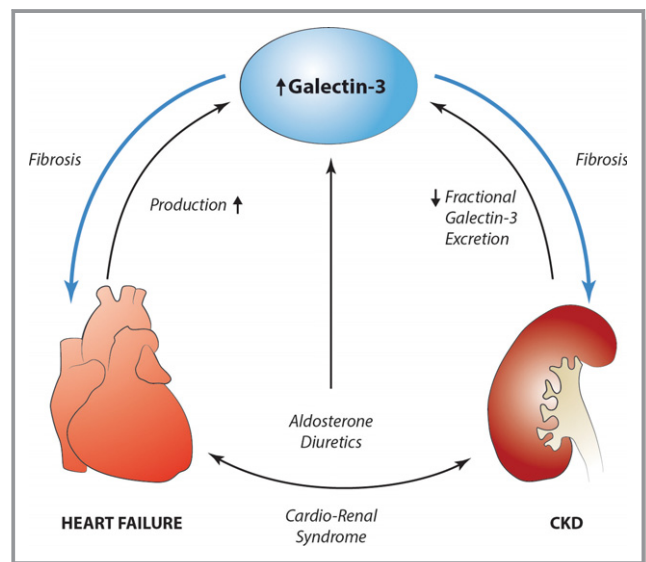


**Figure 7.** Galectin-3 and creatinine levels before and after the dialyzer. Displayed are the results of the values of galectin-3 and creatinine before and after the dialyzer. PostHD indicates after the artificial kidney; PreHD, prior to the artificial kidney.

control subjects, HF patients, and also end-stage renal disease patients who were on HD, spanning different degrees of renal (dys)function. There is an imbalance in clinical characteristics between the 3 different study groups, which could have led to potential confounding. We made an effort to fully correct for most potential confounders, but this resulted in a very small subgroup with limited power.

## Perspectives

Renal handling of galectin-3 appears to be different in HF. Plasma galectin-3 is clearly elevated, while urinary levels are similar to control subjects. This may be explained by a



**Figure 8.** The role of galectin-3 in the cardio-renal syndrome. Hypothetical scheme showing the possible interactions between galectin-3 and aldosterone in cardio-renal disease. CKD indicates chronic kidney disease.

reduced renal clearance of galectin-3 and a lower fractional galectin-3 clearance, and this is associated with high aldosterone levels and the use of diuretics. This is supported by extremely elevated galectin-3 concentration in HD patients. We conclude that reduced renal clearance of galectin-3 in HF patients may explain, in part, the accumulation and increase in plasma galectin-3 in HF. These data help to explain the observed relation between renal dysfunction and galectin-3 in HF, but may also provide a novel mechanism as to why renal dysfunction has detrimental long-term consequences for HF patients.

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## Disclosures

BG Medicine Inc. (BGM, Waltham, MA) holds certain rights with respect to the use of galectin-3 in HF. The University Medical Center Groningen, which employs the authors, received research grants from BGM. Prof Dr Boer received consultancy and speaker fees from BGM, Abbott, Biomérieux, Novartis, and Medcon.

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## Supplemental Material

Same analysis in a subset of the cases and controls according to possible confounders (age, gender, diabetes mellitus and smoking status).

**Table S1. Galectin-3 Related Parameters: Full population**

Variables	HF Patients (n = 101)	Control Subjects (n = 20)	P value
Plasma Galectin-3, ng/mL	16.6 (14.5-19.3)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	28.1 (19.7-49.5)	35.1 (21.2-50.3)	0.830
Galectin-3 clearance, mL/min	2.3 (1.5-3.4)	3.9 (2.3-6.4)	0.005
Fractional Galectin-3 excretion, %	2.4 (1.7-3.7)	3.0 (1.9-5.5)	0.018
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			

**Table S2. Galectin-3 Related Parameters: Females excluded**

Variables	HF Patients (n = 94)	Control Subjects (n = 14)	P value
Plasma Galectin-3, ng/mL	16.4 (14.5-19.2)	9.7 (8.7-12.1)	<0.001
Urinary Galectin-3, ng/mL	29.4 (20.6-50.3)	39.7 (22.5-52.3)	0.536
Galectin-3 clearance, mL/min	2.3 (1.6-3.6)	2.8 (2.0-5.7)	0.021
Fractional Galectin-3 excretion, %	2.4 (1.7-3.8)	2.9 (1.1-4.9)	0.260
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			

**Table S3. Galectin-3 Related Parameters: DM excluded**

Variables	HF Patients (n = 87)	Control Subjects (n = 20)	P value
Plasma Galectin-3, ng/mL	16.2 (14.4-19.0)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	28.1 (19.3-47.6)	35.1 (21.2-50.3)	0.790
Galectin-3 clearance, mL/min	2.3 (1.5-3.3)	3.9 (2.3-6.4)	<0.001
Fractional Galectin-3 excretion, %	2.4 (1.7-3.5)	3.0 (1.9-5.5)	0.013
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			



**Table S4. Galectin-3 Related Parameters: Smokers excluded**

<b>Variables</b>	<b>HF Patients</b>	<b>Control Subjects</b>	<b>P value</b>
	<b>(n = 87)</b>	<b>(n = 20)</b>	
Plasma Galectin-3, ng/mL	16.0 (14.4-19.4)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	29.0 (19.0-49.0)	35.1 (21.2-50.3)	0.810
Galectin-3 clearance, mL/min	2.3 (1.4-3.3)	3.9 (2.3-6.4)	0.002
Fractional Galectin-3 excretion, %	2.4 (1.7-3.6)	3.0 (1.9-5.5)	0.026
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			

**Table S5. Galectin-3 Related Parameters: Exact age matching**

<b>Variables</b>	<b>HF Patients</b>	<b>Control Subjects</b>	<b>P value</b>
	<b>(n = 44)</b>	<b>(n = 20)</b>	
Plasma Galectin-3, ng/mL	15.8 (14.0-19.5)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	24.8 (19.7-42.0)	35.1 (21.2-50.3)	0.810
Galectin-3 clearance, mL/min	2.2 (1.4-3.3)	3.9 (2.3-6.4)	0.004
Fractional Galectin-3 excretion, %	2.0 (1.5-3.0)	3.0 (1.9-5.5)	0.007
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			

**Table S6. Galectin-3 Related Parameters: Age matched, DM excluded**

<b>Variables</b>	<b>HF Patients</b>	<b>Control Subjects</b>	<b>P value</b>
	<b>(n = 41)</b>	<b>(n = 20)</b>	
Plasma Galectin-3, ng/mL	15.8 (13.9-19.3)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	24.9 (19.8-41.6)	35.1 (21.2-50.3)	0.418
Galectin-3 clearance, mL/min	2.3 (1.4-3.3)	3.9 (2.3-6.4)	0.005
Fractional Galectin-3 excretion, %	2.0 (1.5-3.0)	3.0 (1.9-5.5)	0.009
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			

**Table S7. Galectin-3 Related Parameters: Age matched, DM and Smokers excluded**

<b>Variables</b>	<b>HF Patients (n = 30)</b>	<b>Control Subjects (n = 20)</b>	<b>P value</b>
Plasma Galectin-3, ng/mL	15.7 (13.8-19.5)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	28.0 (19.9-41.7)	35.1 (21.2-50.3)	0.616
Galectin-3 clearance, mL/min	2.3 (1.4-3.6)	3.9 (2.3-6.4)	0.056
Fractional Galectin-3 excretion, %	2.1 (1.6-3.2)	3.0 (1.9-5.5)	0.035
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			

## Renal Handling of Galectin-3 in the General Population, Chronic Heart Failure, and Hemodialysis

Wouter C. Meijers, A. Rogier van der Velde, Willem P. Ruifrok, Nicolas F. Schroten, Martin M. Dokter, Kevin Damman, Solmaz Assa, Casper F. Franssen, Ron T. Gansevoort, Wiek H. van Gilst, Herman H. Silljé and Rudolf A. de Boer

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## Supplemental Material

Same analysis in a subset of the cases and controls according to possible confounders (age, gender, diabetes mellitus and smoking status).

**Table S1. Galectin-3 Related Parameters: Full population**

Variables	HF Patients (n = 101)	Control Subjects (n = 20)	P value
Plasma Galectin-3, ng/mL	16.6 (14.5-19.3)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	28.1 (19.7-49.5)	35.1 (21.2-50.3)	0.830
Galectin-3 clearance, mL/min	2.3 (1.5-3.4)	3.9 (2.3-6.4)	0.005
Fractional Galectin-3 excretion, %	2.4 (1.7-3.7)	3.0 (1.9-5.5)	0.018
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			

**Table S2. Galectin-3 Related Parameters: Females excluded**

Variables	HF Patients (n = 94)	Control Subjects (n = 14)	P value
Plasma Galectin-3, ng/mL	16.4 (14.5-19.2)	9.7 (8.7-12.1)	<0.001
Urinary Galectin-3, ng/mL	29.4 (20.6-50.3)	39.7 (22.5-52.3)	0.536
Galectin-3 clearance, mL/min	2.3 (1.6-3.6)	2.8 (2.0-5.7)	0.021
Fractional Galectin-3 excretion, %	2.4 (1.7-3.8)	2.9 (1.1-4.9)	0.260
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			

**Table S3. Galectin-3 Related Parameters: DM excluded**

Variables	HF Patients (n = 87)	Control Subjects (n = 20)	P value
Plasma Galectin-3, ng/mL	16.2 (14.4-19.0)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	28.1 (19.3-47.6)	35.1 (21.2-50.3)	0.790
Galectin-3 clearance, mL/min	2.3 (1.5-3.3)	3.9 (2.3-6.4)	<0.001
Fractional Galectin-3 excretion, %	2.4 (1.7-3.5)	3.0 (1.9-5.5)	0.013
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			

**Table S4. Galectin-3 Related Parameters: Smokers excluded**

<b>Variables</b>	<b>HF Patients</b>	<b>Control Subjects</b>	<b>P value</b>
	<b>(n = 87)</b>	<b>(n = 20)</b>	
Plasma Galectin-3, ng/mL	16.0 (14.4-19.4)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	29.0 (19.0-49.0)	35.1 (21.2-50.3)	0.810
Galectin-3 clearance, mL/min	2.3 (1.4-3.3)	3.9 (2.3-6.4)	0.002
Fractional Galectin-3 excretion, %	2.4 (1.7-3.6)	3.0 (1.9-5.5)	0.026
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			

**Table S5. Galectin-3 Related Parameters: Exact age matching**

<b>Variables</b>	<b>HF Patients</b>	<b>Control Subjects</b>	<b>P value</b>
	<b>(n = 44)</b>	<b>(n = 20)</b>	
Plasma Galectin-3, ng/mL	15.8 (14.0-19.5)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	24.8 (19.7-42.0)	35.1 (21.2-50.3)	0.810
Galectin-3 clearance, mL/min	2.2 (1.4-3.3)	3.9 (2.3-6.4)	0.004
Fractional Galectin-3 excretion, %	2.0 (1.5-3.0)	3.0 (1.9-5.5)	0.007
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			

**Table S6. Galectin-3 Related Parameters: Age matched, DM excluded**

<b>Variables</b>	<b>HF Patients</b>	<b>Control Subjects</b>	<b>P value</b>
	<b>(n = 41)</b>	<b>(n = 20)</b>	
Plasma Galectin-3, ng/mL	15.8 (13.9-19.3)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	24.9 (19.8-41.6)	35.1 (21.2-50.3)	0.418
Galectin-3 clearance, mL/min	2.3 (1.4-3.3)	3.9 (2.3-6.4)	0.005
Fractional Galectin-3 excretion, %	2.0 (1.5-3.0)	3.0 (1.9-5.5)	0.009
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			



**Table S7. Galectin-3 Related Parameters: Age matched, DM and Smokers excluded**

<b>Variables</b>	<b>HF Patients (n = 30)</b>	<b>Control Subjects (n = 20)</b>	<b>P value</b>
Plasma Galectin-3, ng/mL	15.7 (13.8-19.5)	9.7 (8.9-12.4)	<0.001
Urinary Galectin-3, ng/mL	28.0 (19.9-41.7)	35.1 (21.2-50.3)	0.616
Galectin-3 clearance, mL/min	2.3 (1.4-3.6)	3.9 (2.3-6.4)	0.056
Fractional Galectin-3 excretion, %	2.1 (1.6-3.2)	3.0 (1.9-5.5)	0.035
Median values with (25 <sup>th</sup> to 75 <sup>th</sup> percentile)			